



Priyanka
Kishnani

Center for
Counselling
& Therapy

"Until you make the unconscious conscious, it will direct your life and you will call it fate." – Carl Jung



Priyanka Kishnani
Psychologist & Holistic Coach

Years ago, I faced a helpless situation when someone I deeply cared for struggled with mental health challenges. That experience revealed the stigma and denial surrounding mental well-being and inspired me to dedicate myself to understanding the intricacies of the human mind. I firmly believe that our mind is significant and it influences our overall well-being, however, most of us tend to underestimate the power it holds.

With an **M.A. in Psychology (Clinical)** and a **Holistic Life Coach Certification**, I combine academic expertise with practical experience. My tenure at **LTMG Hospital** and **Psychology A Boon Clinic** helped me hone my skills in administering psychological assessments, psychotherapy, and research, including writing a research paper on **Mari-tal Satisfaction, Mental Health and Coping in Married Adults**. As a proud member of the **American Psychological Association**, my mission is to promote mental health awareness, provide guidance, and help individuals realize their unique potential.

1,200+
Client
consultations

3,000+
Coaching hours
completed

40+
Cities served
globally

2,000+
Lives impacted
through donations

Services ..

Online and In-Person Sessions

01

Individual Coaching

One-to-one sessions that cater to the unique needs of individuals whether navigating life transitions, emotional challenges, or aiming for personal growth with the help of evidence-based techniques tailored to achieve individual goals.

02

Youth & Family Coaching

One-to-one or family sessions with children, adolescents, and parents that equip them with effective coping strategies and communication skills to navigate developmental stages, life situations and foster positive parent-child relationships.

03

Relationship Coaching

One-to-one and couple sessions that help couples learn more about their relationship, develop communication skills, resolve conflicts and deepen intimacy to build a stronger and lasting foundation.

04

Career Coaching

Personalized sessions designed to support clarity, confidence, and direction in your career. Ideal for students, graduates, or mid-career professionals navigating choices through guided reflection, practical tools, and thoughtful dialogue.

05

Wealth Coaching

One-to-one sessions that focus on financial well-being. These sessions help understanding the emotional and psychological aspects of money management and wealth by addressing underlying fears, habits, and motivations.

06

Corporate & Executive Coaching

One-to-one, group sessions, and training workshops curated to enhance team dynamics and productivity through communication, leadership, and strategic thinking to foster positive work environment and drive organizational success.

Session Duration: 50 minutes

Workshops ..

JOIN OUR TRANSFORMATIVE WORKSHOPS
TO UNLOCK YOUR POTENTIAL!

Gain tools to boost mental well-being, build resilience, and foster healthier relationships. Discover strategies for stress management, self-esteem, and emotional growth.

Don't miss this opportunity to invest in
your personal development and
well-being.

REGISTER NOW!



Learn To Learn



The Healer's Blueprint



Emotional Intelligence
Mastery



Unlocking the Mind
Behind Money



Tuning in Navigating Your
Emotions & Nervous System

Associations ..



Client voices ..

HEAR FROM THOSE WHO FOUND HEALING

A life-changing event of cancer detection brought me to a psychologist, but also I was drawn to this world just months before detection. Coaching me has resulted in me gaining more clarity, awareness, decision-making ability, and a better way to express myself and get rid of all the emotional burdens. I would easily get triggered by some situations or words. Now I know how to tackle those triggers.

When I revisited my childhood memories, I knew exactly why I am here at this juncture in life, addressing all situations that helped me heal better.

AK – 43 Years

Homemaker, Pune

Fear of nightmares, anxiety and anger management brought me to coaching. Coaching taught me how to deal with social relations and tools to deal with the fear of nightmares. For me, the best part about coaching was drawing my nightmare to understand it better.

It was a relief that I was able to talk to Priyanka and find solutions. My sessions gave me the understanding of tools to deal with different situations and helped me handle my challenges better. I have realised some causes of nightmares and worked on them so I don't get them anymore.

AA – 10 Years

Student, Mumbai

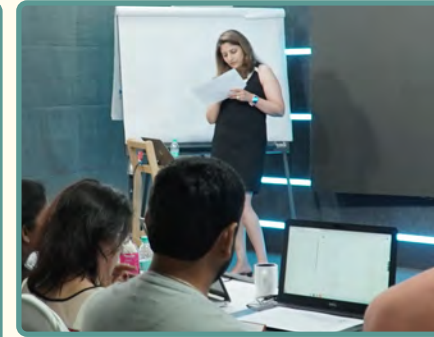
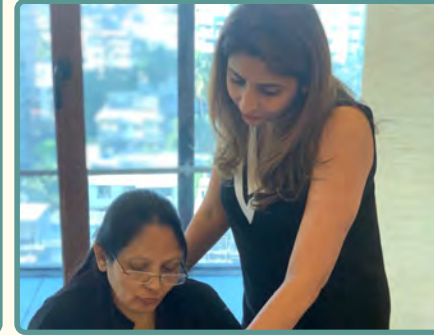
A journey for self-awareness, self-improvement, and a yearning for success and happiness brought me to coaching. Coaching has led me to more self-awareness, and a deeper understanding of my emotions and how they play out in actions. It has guided me periodically through difficult times.

The best part about my coaching with Priyanka was having someone to discuss issues with, who could hold up a mirror, give insights and help develop a roadmap for challenging circumstances.

DNM – 59 Years

Entrepreneur/Investor/ Lawyer,
Dubai/NYC

Our Gallery..



Take the First Step —
Connect with me Today

Online and In-Person Sessions

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